

Seasonality Chart - Wild Fruit/Berries - Wild Flowers

Please note: This is a rough guide. A cold winter/spring, wet summer, late/early frost etc. can shift availability by up to one month or, in a bad season, even make some fruit very scarce

Wild Fruit & Berries

Common Name	Alternative Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Bilberries	Blaeberry, Whorts						Low Season	High Season	Low Season				
Blackberries									High Season	High Season	Low Season		
Cherry Plums	Myrobalan, Mirabelle						Low Season	High Season	High Season				
Crab Apples										High Season	High Season	Low Season	
Elderberries									Low Season	High Season	High Season		
Haw Berries	Haws								Low Season	High Season	High Season	High Season	
Rosehips										Low Season	High Season	High Season	Low Season
Rowan berries									High Season	High Season			
Sloe Berries	Hedge Picks									High Season	High Season	High Season	Low Season
Sweet Chestnuts											High Season		

Wild Flowers

Common Name	Alternative Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Cherry Blossom				Low Season	High Season	Low Season							
Elderflowers						Low Season	High Season	Low Season					
Garlic Chive Flowers	Chinese Chive Flowers			Low Season	High Season	Low Season							
Gorse Flowers				Low Season	High Season	High Season	Low Season						
Hawthorn Blossom	Haw Blossom				Low Season	High Season							
Violets				Low Season	High Season	Low Season							
Wild Garlic Flowers	Ramson Flowers					High Season	Low Season						
Wood Sorrel Flowers					High Season								

 **Low Season**  **High Season**

Low season – fruit/flowers may be scarce, immature, or past their prime (bitter or soft etc)

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